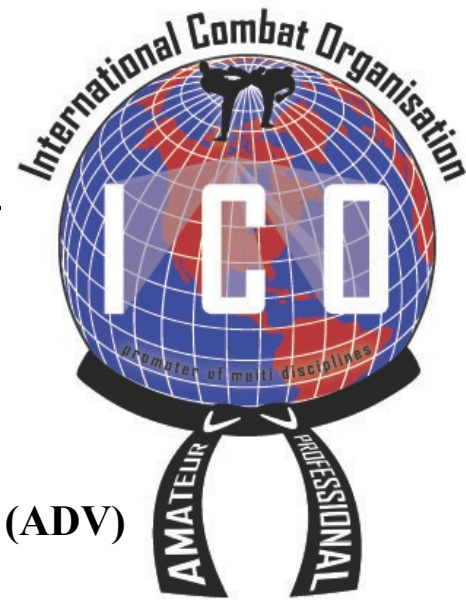


# I.C.O. BRITISH OPEN CHAMPIONSHIPS 2010

## CATEGORIES

### KIDS



#### SEMI-CONTACT (NOV)

**1 x 1.5 min**

##### **Mixed Boys and Girls**

1. 5 & 6 Yrs
2. 7 & 8 Yrs
3. 9 & 10 Yrs
4. 11 & 12 Yrs

#### SEMI-CONTACT (ADV)

**1 x 1.5 min**

##### **Mixed Boys and Girls**

5. 5 & 6 Yrs
6. 7 & 8 Yrs
7. 9 & 10 Yrs
8. 11 & 12 Yrs

#### LIGHT-CONTACT (NOV)

**2 x 1 min**

##### **Girls only 12 yrs and under**

9. -30kg
10. -35kg
11. -40kg
12. -45kg
- 12A. +45kg

#### LIGHT-CONTACT (ADV)

**2 x 1 min**

##### **Girls only 12 yrs and under**

13. -30kg
14. -35kg
15. -40kg
16. -45kg
- 16A. +45kg

#### LIGHT-CONTACT (NOV)

**2 x 1 min**

##### **Boys only 12 yrs and under**

17. -30kg
18. -35kg
19. -40kg
20. -45kg
- 20A. +45kg

#### LIGHT-CONTACT (ADV)

**2 x 1 min**

##### **Boys only 12 yrs and under**

21. -30kg
22. -35kg
23. -40kg
24. -45kg
- 24A. +45kg

#### FORMS (NOVICE)

##### **Mixed 12 yrs and under**

25. Free-Style Empty Hand Music
26. Free-Style Weapon Music
27. Jap Kata
28. Korean Form

#### FORMS (ADVANCED)

##### **Mixed 12 yrs and under**

30. Free-Style Empty Hand Music
31. Free-Style Weapon Music
32. Jap Kata
33. Korean Form

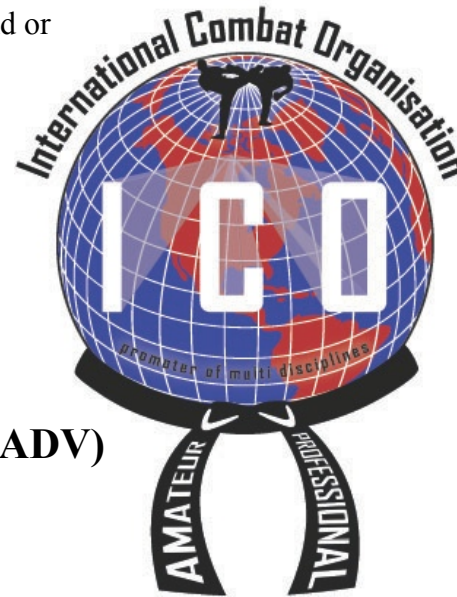
29. Creative Empty Hand or  
Weapon

34. Creative Empty Hand or  
Weapon

## I.C.O. BRITISH OPEN CHAMPIONSHIPS 2010

### CATEGORIES

#### JUNIORS 13-17 YRS



#### SEMI-CONTACT (NOV)

**1 x 1.5 min**

##### **Girls only**

- 35. -50kg
- 36. -55kg
- 37. -60kg
- 38. -65kg
- 39. +65kg

#### SEMI-CONTACT (ADV)

**1 x 1.5 min**

##### **Girls only**

- 40. -50kg
- 41. -55kg
- 42. -60kg
- 43. -65kg
- 44. +65kg

#### LIGHT-CONTACT (NOV)

**2 x 1 min**

##### **Girls only**

- 45. -50kg
- 46. -55kg
- 47. -60kg
- 48. -65kg
- 49. +65kg

#### LIGHT-CONTACT (ADV)

**2 x 1 min**

##### **Girls only**

- 50. -50kg
- 51. -55kg
- 52. -60kg
- 53. -65kg
- 54. +65kg

#### SEMI-CONTACT (NOV)

**1 x 1.5 min**

##### **Boys only**

- 55. -50kg
- 56. -55kg
- 57. -60kg
- 58. -65kg
- 59. -70kg
- 60. +70kg

#### SEMI-CONTACT (ADV)

**1 x 1.5 min**

##### **Boys only**

- 61. -50kg
- 62. -55kg
- 63. -60kg
- 64. -65kg
- 65. -70kg
- 66. +70kg

#### LIGHT-CONTACT (NOV)

**2 x 1 min**

#### LIGHT-CONTACT (ADV)

**2 x 1 min**

### **Boys only**

- 67. -50kg
- 68. -55kg
- 69. -60kg

### **Boys only**

- 73. -50kg
- 74. -55kg
- 75. -60kg

## **I.C.O. BRITISH OPEN CHAMPIONSHIPS 2010**

### **CATEGORIES**

#### **JUNIORS 13-17 YRS**

- 70. -65kg
- 71. -70kg
- 72. +70kg

- 76. -65kg
- 77. -70kg
- 78. +70kg

#### **FORMS (NOV)**

##### **13-17 Yrs Mixed**

- 79. Free-Style Empty Hand Music
- 80. Free-Style Weapon Music
- 81. Jap Kata
- 82. Korean Form
- 83. Creative Empty Hand or Weapon

#### **FORMS (ADV)**

##### **13-17 Yrs Mixed**

- 84. Free-Style Empty Hand Music
- 85. Free-Style Weapon Music
- 86. Jap Kata
- 87. Korean Form
- 88. Creative Empty Hand or Weapon



### **ADULTS**

#### **LADIES**

#### **SEMI-CONTACT (NOV)**

##### **1 x 2 min**

- 89. -55kg
- 90. -60kg
- 91. -65kg
- 92. -70kg
- 93. +70kg

#### **SEMI-CONTACT (ADV)**

##### **1 x 2 min**

- 94. -55kg
- 95. -60kg
- 96. -65kg
- 97. -70kg
- 98. +70kg

#### **LIGHT-CONTACT (NOV)**

##### **2 x 1 min**

- 99. -55kg

#### **LIGHT-CONTACT (ADV)**

##### **2 x 1 min**

- 104. -55kg

100. -60kg  
101. -65kg  
102. -70kg  
103. +70kg

105. -60kg  
106. -65kg  
107. -70kg  
108. +70kg

## **I.C.O. BRITISH OPEN CHAMPIONSHIPS 2010**

### **CATEGORIES**

#### **ADULTS**

#### **LADIES**

#### **SEMI-CONTACT**

**VETS 1 x 2 min**

**35Yrs+**

109. All Grades Open Weight

#### **LIGHT-CONTACT**

**VETS 2 x 1 min**

**35Yrs+**

110. -65kg

111. +65kg

#### **MENS**

#### **SEMI-CONTACT (NOV)**

**1 x 2 min**

112. -60kg

113. -70kg

114. -80kg

115. -90kg

116. +90kg

#### **SEMI-CONTACT (ADV)**

**1 x 2 min**

117. -60kg

118. -70kg

119. -80kg

120. -90kg

121. +90kg

#### **LIGHT-CONTACT (NOV)**

**2 x 1 min**

122. -60kg

123. -65kg

124. -70kg

125. -75kg

126. -80kg

#### **LIGHT-CONTACT (ADV)**

**2 x 2 min**

130. -60kg

131. -65kg

132. -70kg

133. -75kg

134. -80kg



127. -85kg  
128. -90kg  
129. +90kg

135. -85kg  
136. -90kg  
137. +90kg

## I.C.O. BRITISH OPEN CHAMPIONSHIPS 2010

### CATEGORIES

#### ADULTS

#### MEN

#### SEMI-CONTACT

#### **VETS ALL GRADES**

**35Yrs+ 1 x 2 min**

138. -75kg  
139. +75kg

#### LIGHT-CONTACT

#### **VETS ALL GRADES**

**35Yrs+ 2 x 1 min**

140. -70kg  
141. -80kg  
142. -90kg  
143. +90kg

#### FORMS MIXED (NOVICE)

144. Free-Style Empty Hand Music  
145. Free-Style Weapon Music  
146. Jap Kata  
147. Korean Form  
148. Creative Empty Hand or Weapon

#### FORMS MIXED (ADV)

149. Free-Style Empty Hand Music  
150. Free-Style Weapon Music  
151. Jap Kata  
152. Korean Form  
153. Creative Empty Hand or Weapon

#### **\*PRIZE MONEY\* OPEN SECTIONS \*PRIZE MONEY\***

154. MENS OPEN SEMI-CONTACT – ALL GRADES – ALL WEIGHTS  
155. LADIES OPEN SEMI-CONTACT – ALL GRADES – ALL WEIGHTS  
156. TRICKS AND KICKS BATTLE – ALL AGES – ALL GRADES

#### TEASER SECTION



## **LIGHT-CONTACT WITH LOW-KICK (MEN ONLY)**

- 157. -60kg
  - 158. -70kg
  - 159. -80kg
  - 160. -90kg
-

